

Moon Reflections

Libra Ingredients for Harmony

Do I express clearly what are my needs? Or do I expect my partner to know or somehow guess them?

Do I show gratitude and say "thank you"?

Can I express my thoughts and feelings without being criticized?

Do I feel supported by my partner in the different areas of my life?

When we have conflicts do we look for solutions or do we look for who is to blame?

Do we have time only for the two of us without distractions?

What things do we do together for fun? What activities do we share?

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How do I feel in this relationship right now?

Physically

Emotionally

I can express myself openly:

Always

Often

Sometimes

Rarely

Why? _____

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Name 2 hobbies
or activities that
you share on a
regular basis:

(not house chores, kid-related or work-related things)

When conflict arises I tend to...

speak calmly

withdraw



stay silent

react strongly

What are 3 things I appreciate about my partner:

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Values we share:

trust

vulnerability

respect

forgiveness

goal-support

honesty

travel and adventure

financial alignment

communication

traditions

humor and play

physical touch

spiritual growth

health-conscious living

conflict resolution

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What kind of future do I envision us
building together?

Where are we?

What are we
doing individually?

What are we
doing together?